

Finances

Witch, crone, stealer of children, betrayer, life taker

Daphne *** ** <daphne.*****@gmail.com>

Attachments

6 Aug 2016, 13:10

to me

Dan,

Below a more detailed description, here's the 'executive summary':

* I am asking you to transfer 1730 pounds to my Barclays account by Monday 15th August 2016, which will (partly) cover the child tax credits that potentially get claimed back, the storage in NL and the flights for me and the boys.

* I am asking you to transfer 7500 euros to my Dutch ING account by Thursday 1st September 2016, which will be a 60% contribution to the living costs of the boys for the next 12 months.

Can you acknowledge when you've received this email and can you get in touch by this Monday (8th August) to confirm/discuss.

Thanks,
Daphne

More detailed description, all calculations and reasoning found in the spreadsheet.

See attached a spreadsheet with two sets of calculations.

- a) our current financial commitments and assets
- b) living costs for the boys in the Netherlands if you are not part of our family

Regarding a) the financial wrap-up, I have marked fields with yellow that I need your ok for. If you are not ok, please give me a counter suggestion.

I am asking you to transfer 1730 pounds to my Barclays account by Monday 15th August 2016, which will (partly) cover the child tax credits that potentially get claimed back, the storage in NL and the flights for me and the boys.

Regarding b) monthly contribution, you will find two scenarios.

- 1) In the scenario we will be able to rent a place below the threshold (and therefore are eligible to the housing benefit), the living costs of the boys are €1022 per month.
- 2) In the scenario we won't be able to rent a place below the threshold (and therefore are not eligible to the housing benefit), the living costs of the boys are € 1332 per month.

As you will see, in neither scenario I won't be able to support the boys by myself, although I am working and claiming all benefits possible.

I'd like to split the living costs for the boys 60 (Dan) - 40 (Daphne) as I will be taking on all/the majority of the care for the boys.

We are looking at a contribution from you of €613 to €799 per month.

As I see it, there are 2 ways to go about this:

I) You start paying €613 per 1st September 2016, and continue to do so each month by the 1st of the month. If I can't find anything below the threshold this monthly contribution will go up to about €799.

II) You pay me a lumpsum of €7500 per 1st September 2016, and this will cover your monthly contributions for the first 12 months. After this you commit to paying a monthly contribution which will be between €613 and €799 a month, depending on the rental price of our accommodation.

I prefer option II) as this will give me the most stability and security and I will have a lot of costs upfront as benefits won't be kicking in immediately and I will need money for a deposit etc.

Maybe you have another suggestion, let me know.

--

One attachment

- Scanned by Gmail

Daniel ***** <daniel.*.*****@gmail.com>

7 Aug 2016, 06:54

to Daphne

email received

Daniel *****

There is pleasure in the pathless woods,
there is rapture in the lonely shore,
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and music in its roar;
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but Nature more. – Lord Byron

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email: daniel.*.*****@gmail.com

Daniel ***** <daniel.*.*****@gmail.com>

7 Aug 2016, 07:40

to Daphne

Well your phonecall and email is pretty clear on how you want to proceed. I won't bring anything personal into the discussion in respect of that.

So. Re your proposal.

The short of it is that I'll give as much as I can for you and the boys to have as good a start/life over there.

Unfortunately in the longer term, it will obviously be hard for me to pay 600-800E per month to support you, if only for the fact that would be over half of my wages and I would literally be unable to sustain myself. Please don't regard this as a refusal to do all I can to support you all, it is just unfortunate economics.

I looked up UK Child support payments (not exhaustively, but enough to get an idea) and it seems for 2x children maintenance payments are around 16% gross weekly income.

<https://www.moneyadvice.service.org.uk/en/articles/how-much-child-maintenance-should-i-pay>

obviously I'd be more than willing to pay more if I can. It already doesn't seem that I'd be able to travel over to see the boys at any kind of regularity - mainly due to again to the same simple economics.

Sooo with my inheritance. I would like to pay Phil off. (And if I drive over with a van again that needs to be paid for) other than that you can have the rest of it. Ill keep the loan going and pay that off myself so you can have maximum funds to set yourself and the boys up. (I'm estimating that would be £4-5k depending on the van hire and transport.) Likewise happy for you to have yurt funds. (which all in all should be around £8-9k, I'm sorry its not more.)

Yes makes sense for me to have caravan and car here, so I can work and have somewhere to live. If I sell the caravan could be possible that I send the funds to you from that.

If childtax whatever tries to claim anything back, that can come through me, so don't worry about keeping money aside for that, its in my name anyway.

Ongoingly longer term - like I say Ill pay as much as I can to help, but it will be determined by my job and living situation unfortunately.

Don't know what I've done with the spreadsheet - will try and tick things off on there as you requested a bit later.

Daniel *****

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Daphne *** ** <daphne.*****@gmail.com>

7 Aug 2016, 12:16

to me

Re: the finances. Thanks for your reply and I will come back to that another time.

Re: the personal. You walked out with the statement that we were done.

I can no longer tolerate that:

* you call me names/swear/throw or break things when you get upset/angry

* hide in distractions/actions of numbing out of drinking alcohol, playing computer games, locking on to forums like Sherdog etc

My request was also to get professional help to support you in your healing.

It doesn't mean shit to get things sorted together wherever (NL, Devon, Timboektoe) if my request doesn't get addressed. From what you have said on our phone calls you are not willing/able. If I am wrong, then we have something to talk about. If not, then indeed, there is nowhere else to go than the route of splitting our family. I assume we agree that this is the worst worst case scenario for us as a family.

And please don't make this about me going solo or that this is my choice. There are choices on both sides.

Daniel ***** <daniel.*.*****@gmail.com>

7 Aug 2016, 14:26

to Daphne

Re: the personal

I walked out with a statement that we were done, yes - and that was wrong, in the heat of the moment, for varying reasons and obviously not ok nor in line with what I want. I'm sorry for doing that.

Likewise I'm sorry about loosing it, again there are factors but nevertheless its obviously not acceptable.

What I said on the phone is that I'm not agreeing to Therapy as a condition to our being together or even having a conversation.

Re addressing the things you find unacceptable, yes of course I would love to address those things along with others issues.

Were we in discussion - A better suggestion I might make would be to go to therapy together AKA couples...

Or other things I have had in mind which would address it in more underlying ways are things we already are working towards:

you working thus being happier - more satisfied

me looking after the kids - less stress

more stability / living security

locality to family etc....

My naming of the three things I wanted to focus on in NL was a way of proactively addressing your above concerns and building a positive life together in NL. 1/ learning the language, 2/ looking after the boys, 3/ physical training.

So it is not fair nor accurate in my opinion to say that I am inflexible, nor willing to be proactive in seeking healing in these areas. It is more a case that I was seemingly being presented with an ultimatum/ demand while I (we both) are hurting and I assume, ultimately wanting to reconnect.

I understand if you have had enough and HAVE to have it in writing so to speak (to seek therapy solo) BUT I hope I have fleshed out a bit why that doesn't work for me.

Daniel *****

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Daniel ***** <daniel.*.*****@gmail.com>
9 Aug 2016, 14:28
to Daphne

re Toms wedding, I assume thats off the cards, not needing answer now - but worth raising

Daniel *****

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Daniel ***** <daniel.*.*****@gmail.com>
Tue, 16 Aug 2016, 14:49
to Daphne

Dear Daphne

So luckily or unluckily I have clarity on my own position in this strange situation we find ourselves.

I know we discussed and talked things through while at mums. But through the restless night and the frustration bubbling up something has become very clear.

I am saying this now so you have time to get your head around it.

I'm short. It doesn't work for me that you'd build a life over there/ get established without me and that I'd come later.

Not an idea... Nor me being stubborn funnily enough. It's really clear. We (as a family and a couple) need to do this together.

I hope you can feel the place this is coming from in me. It is not intended as an ultimatum... But the current course of action feels so crazily wrong to me.

In your own words it feels separate. Or weird.

Please don't sleepwalk our relationship off a cliff. Please don't trust the resistance, please trust the feeling of weirdness more than the seeming ease of being there without me.

I understand you genuinely believe this to be the right course of action, i know you love and want to be with me. And I'm once again begging, pleading, yelling, crying for you to make a different choice

I love you

Daphne *** ** <daphne.*****@gmail.com>

21 Aug 2016, 20:09

to me

So... a few practical updates/requests from my side. I am open to talking to you about the personal, are you interested in that?

On the practical, I would like to hear your ok/thoughts on:

* It isn't possible to let the mattress be picked up by a 2nd hand shop (as there are stains on it) or tip. It is now on Marktplaats for €25 but no interest so far. It can't stay here too much longer. Any thoughts?

* I've had 2 really interested parties for the yurt, they both have decided to not take it. I would like to propose that if it hasn't sold by 15th Oct that you'll pick it up (before the end of the storage contract) and try to sell it in UK. Is that something we can agree on?

* To give you a heads up: I've got more accurate information on the exact costs of the childcare, the amount of benefits I can claim and the housing prices in Vught. In the current scenario I would be looking for a contribution of €500 per month from you. We should be ok for the next 5 months with the money you gave us, unless reality turns out mega different than anticipated now.

* Your accounts for the past tax year are with ***** (see my email earlier today). I am happy to deal with questions. Claims will go to you directly. Any questions?

Boys and I get an introduction tomorrow and they start on Wednesday for half a day at the nursery: <http://www.kinderdagverblijfdpompoenvught.nl/> Their days will be Monday, Wednesday and

Friday. *** is very willful and interactive. ***** is picking up 'loads and loads' of words, really good at kicking a football and sleeping in his own bed. Wednesday morning skype is possible around 8 your time.

Daniel ***** <daniel.*.*****@gmail.com>
21 Aug 2016, 20:57
to Daphne

well firstly with the Tax return. Thankyou for finishing that off - another loose end wrapped up so really appreciated.

Re mattress - yours to do with as you see fit

Re the Yurt, there is no way I am driving over there to bring it over here to sell. Feel free to sell it / give it away - again whatever you see fit. I see that as part of our separation funds same as the 3.5 k

I hear you that you would need E500 from me per month after the next 5 months funds have ran out. I will try my best to get a good level of income so that I can contribute as much as I can to you guys over there. But you need to be aware that unless I find an amazing job OR a business takes off - 500 per month will be affordable to me. With current estimated earnings I could imagine £200 per month... obviously to increase as my earnings hopefully do. Not being funny - just wanting to give you a heads up re your expectations, I would like to think you know I'd help out as much as I possibly can. But earnings don't tend to be that high here - as you are aware.

Ill look forward to the next skype with the boys. Cheers

What do you mean talking about the personal? You mean the situation and the choice we have respectively made? Or something else - i.e emotional impact of decision etc..?

Daniel *****

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email: daniel.*.*****@gmail.com

Daniel ***** <daniel.*.*****@gmail.com>
21 Aug 2016, 21:02
to Daphne

*But you need to be aware that unless I find an amazing job OR a business takes off - 500 per month will be UNaffordable to me.

Daniel *****

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Daphne *** ** <daphne.*****@gmail.com>
21 Aug 2016, 21:33
to me

I don't appreciate being left with both the mattress and the yurt to sort out. And I don't appreciate you bringing in I left you with a debt. There was a way out of here together and you choose differently. I cannot get my head around that you won't be around regularly in the boys' growing up. So sad this is 'history is repeating itself'.

Re: monthly contribution & "separation funds" as you call it: the 3.5k is in my eyes not the latter but a lump sum towards the monthly contribution. Separation fund would be the laptop and the £300 you gave in cash. Assets you still have are the car and the caravan, which is part of the separation funds. Yurt is too I agree. I just don't appreciate me carrying solely the risk of this less sellable item (as it is not up).

I assumed you could combine picking the yurt up with a visit to the boys. Or you could offer to put the yurt up somewhere here so that it can sell. But I hear none of this from you.

Re: building a business, happy to hear you are finding the energy to put into that. Want to put on the table there are ways to do that here. You could do that 3 days a week (while boys are at nursery) here for 3 months before you need to be registered here. When we've got a place sorted. 'Costs' would be probably 200 euros a month. Sale of caravan could pay for travel costs and living costs.

I can imagine you are feeling left by me not making a different choice in starting here the way I am. Does that fit?

I am feeling left by you by not wanting to join us. Who's going to move position?

On reflection, you took the lead in big transitions in the past years. You were happy for me to take the lead with regards to income, finances whilst you would be with the boys. Now, when I've taken the lead you seem to be unhappy and want to do it together.

I feel at fault for making such a mess of things, and shame for not being 'better' at going through big transitions together. I feel at fault for not being able to let go of particular resistance in me, or distinguish clearly what is healthy resistance and resistance that is not serving anymore. Would love to have the chance to see this one through with you. And you seem to have left the building which

makes me really the awkward, begging, crying, pleading one in this relationship.

Daniel ***** <daniel.*.*****@gmail.com>

21 Aug 2016, 22:02

to Daphne

The ONLY reason you are "left" with anything is because I could literally fit nothing more in the VAN. Also ferry, fuel and van hire costs hundreds each journey, not to mention the physical and mental effort in such an endeavor.

I didn't bring in you leaving me with debt, I felt pretty objective writing it - it is simply an expense/debt I am carrying which I will deal with the best I can. Just bear that in mind is all I'd ask - not trying to score cheap points here.

Yes I could combine picking up the yurt / putting it up at the farm for it to sell - combined with a visit with the boys. To be honest getting the funds together for a visit will be really tough in foreseeable future, BUT IF I could afford it - sure - those are two reasonable suggestions I'd consider from you.

Re building the business. It was my plan originally to build a business there while with my family, however due to our em-pass: being there is no longer an option - so I am making plans for my life where I am welcome, without condition.

You imagine I'm feeling left.... well that might be like saying the sun is warm to the touch... yea its in the right direction - but doesn't quite encapsulate the full scale of things.

You feel left? Yet you made your decision based upon what you want - that makes no sense how you would feel that way - I would of been living in the UK anyway under you proposed plan.

Daphne - Ill try and give you an insight into whats going on over here emotionally, rage, frustration, powerlessness, pain, and clarity..... you made a decision despite my protest, you followed through with a decision despite the impact over here - you were not in relationship with me when you made it..... I have to slow down - could lose it so easily right now.

Your decision makes no sense, financially, for the boys, for us as a couple, individually either I believe - the only thing your decision serves is your quest in being able to trust yourself and to find stability - the reality I suspect is/will be somewhat the opposite.

Can you imagine if the shoes were on the other foot, that I was going without you, with the boys, into a new life, new job, new country - and you were welcome OF COURSE... in a couple of months - just not right now (after I found a place to live, job, childcare, established relationships etc..).

Can you understand WHY it might be important that we do things like the boys nursery, look for our own place, start work, just make the transition together.....!?!?! and that NOT doing it together might have dire consequences at such a vulnerable crossroads of our life.

In my eyes - as I have stated over and over again. You followed though on a decision you made when you believed (understandably at the time) you were on your own. Unfortunately you have been unable or unwilling to update your plans relative to hindsight and a REAL understanding of

the situation and what happened.

That you would choose separation, that you would choose some false control and stability, that you would build a new life over there WITHOUT ME, and expect me to come along like a good little dog and just slot in. Not needed, not overly wanted - kinda surplus to requirements... and NO REAL input in the creation of the situation over there.

Can you imagine how it might feel to not be allowed to co-create a new life, but to be a passenger ALL of this despite my protest.

ALL of this despite the impact.

there is a cost for us not coming back down here to say goodbye to people. There are so many costs

Can you imagine the frustration of not being listened to in a matter such as this. For your words not to be heard?

You have no idea what you have done. And this is the second time in recent history that you and the boys have no longer been part of my life and gone to NL without me. A lot of water has passed under the proverbial bridge already.

That you cannot recognise the behavior and drives in yourself that put you in solo Ill take care of everything and Dan doesn't really exist or matter mode. If you cannot put the brakes on when you realise you are following a path decided from disconnect.... well there is a cost to put it mildly - especially right now.

Yes you felt clear, BUT the situation wasn't as you thought it the first place.

The analogy I gave of a lemming (you) walking towards the edge of a cliff (our relationship) with me jumping and hoping about, saying please don't jump off that cliff, its really not a good idea... well it still fits, maybe as you are nearing the edge the reality of the decision is breaking through the haze somewhat.

In my eyes this situation has always been a question of whether you wake up or not in time before too much damage is done

Daniel *****

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Daniel *****

21 Aug 2016, 22:04

What is this, like seriously what is this?? Have not heard a single word I have said "it doesn't work for me / it is a deal breaker"

Daphne *** ** <daphne.*****@gmail.com>

21 Aug 2016, 23:20

to me

I hear you re: being a passenger. That I can really imagine with how things are going at the moment. I don't fucking want that. I want you to be fucking involved, PRESENT and co-shape our life here.

And.... There is a reality of time limits, a track record in navigating transitions together, practicalities and financial shit to clean up. With no place to land all 4 of us together and no real suggestions from your side how to make it work with the situation being as it is (work arrangements and living arrangements mainly), I can show my dirty face to everybody as you requested and come clean I've messed up, gone solo out of mistrust we can navigate this together while there is so much hurt and loose ends... I imagine it wouldn't be a recipe for a good and balanced start here anyway.

I really wish it was true that all it took was for me to slow down, put the brakes on, show my dirty face to everybody or whatever the expression is and we would all be happily living here right now. It would be the easiest trade-off I could do to safeguard the boys would still have a father present, I would have my man and we would have a chance of a good start here unlike other transitions.

Regarding real costs of not saying goodbye to Devon: I made the choice to not unsettle boys any further after horrendous week of that at your mom's. I didn't get the chance to say goodbye to my people. I know the costs.

You blame me for not updating the plan. I was willing to update the plan many times, one of which got us in this situation in the first place ("well, then let's find an apartment straight away").

Over here I am in panic, feeling really depressed and fucking LEFT. It is beyond me that you don't get that I experience you have walked out while I still think I am in a relationship and trying to secure the base and future.

Yes yes yes poles reversed I hear you think. You know what, I would love for that not to be the case. I HATE having to mom and dad in every aspect 24/7.

If I knew how to let go of this fucking anger I would. If I knew how to come together with you from this mess I really would. I only want to scream louder at you.

I am in the most daunting place of my life with very little time to catch a breath and get perspective. I am doing my fucking best and all I can see is that the wedge us getting bigger and bigger. Powerlessness...no shit.

Daphne *** ** <daphne.*****@gmail.com>

21 Aug 2016, 23:26

to me

And regarding only my solo thing getting us here... How about your avoiding thing having a party as well?? Avoidance of really addressing real issues that impact our emotional and financial safety? Avoidance of real commitment to change. Just as damaging as my flying solo theme.

Daphne *** ** <daphne.*****@gmail.com>
21 Aug 2016, 23:29
to me

And when you have more shit to throw at me like I am throwing at you at the moment, great, bring it on. Let's see if that stops me from walking off that cliff or you stopping to point your finger in only one direction.

Daphne *** ** <daphne.*****@gmail.com>
21 Aug 2016, 23:49
to me

Feeling a little softer right now.

Am really with the deep desire to heal this thing in me that sees it as the only option to go solo, limit dependence on and limit being impacted by another human being.

I don't know how to inquire and reveal more of this on my own. I would love to though as I am seeing the costs.

I am recognising there is a larger dynamic at play where I the woman doesn't feel well cared for by you her man. And that that is enough ground to then go solo and 'make' you a passenger.

I hate it. I hate being trapped in it.

Daniel ***** <daniel.*.*****@gmail.com>
22 Aug 2016, 09:23
to Daphne

"And when you have more shit to throw at me like I am throwing at you at the moment, great, bring it on. Let's see if that stops me from walking off that cliff or you stopping to point your finger in only one direction."

I don't know what will stop you from walking our relationship over a cliff. As I have said in my perspective it has always been a case of you "waking up before too much damage is done" I have tried multiple approaches to be fair - not just throwing shit. Now I am most with the pain of our respective decisions and the real world implications.

Ill tell you where I am. And consider as you read it - how far things would have to of gone for me to get to this place.

I have been making plans for a life without you and the boys.
As part of that I have been sitting with the reality that at some point there would be another man in

your life, I have been sat with the reality that it would be another man primarily being around my sons as they grow up. Both of which are obviously painful to consider, let alone accept.

I potentially have a job starting soon, I have literally just had a shed delivered that I can use for storage. I have friends around me that support me, and I have a way forward with the various projects I am inspired by.

I don't have my family, and that will always be a pain to carry.

I'm not saying the above to score points/ throw shit or whatever...

do you know how much it takes for me to get to the point where I am willing to walk away from the woman I love and desire above all others, and our two amazing sons.

Daniel *****

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Daniel ***** <daniel.*.*****@gmail.com>
22 Aug 2016, 09:38
to Daphne

I hear you re: being a passenger. That I can really imagine with how things are going at the moment. I don't fucking want that. I want you to be fucking involved, PRESENT and co-shape our life here.

well thats the first time you've said that - unless of course you are meaning in two months time.

And.... There is a reality of time limits, a track record in navigating transitions together, practicalities and financial shit to clean up. With no place to land all 4 of us together and no real suggestions from your side how to make it work with the situation being as it is (work arrangements and living arrangements mainly), I can show my dirty face to everybody as you requested and come clean I've messed up, gone solo out of mistrust we can navigate this together while there is so much hurt and loose ends... I imagine it wouldn't be a recipe for a good and balanced start here anyway.

Yup I disagree with pretty much all you say there.

I really wish it was true that all it took was for me to slow down, put the brakes on, show my dirty face to everybody or whatever the expression is and we would all be happily living here right now. It would be the easiest trade-off I could do to safeguard the boys would still have a father present, I would have my man and we would have a chance of a good start here unlike other transitions.

Well the first step is what you say, THEN we can talk about solutions / ways forward - which I trust we would be able to figure out TOGETHER as a TEAM.

Regarding real costs of not saying goodbye to Devon: I made the choice to not unsettle boys any further after horrendous week of that at your mom's. I didn't get the chance to say goodbye to my people. I know the costs.

Yes you made the costs, on your OWN. I disagree with them, since when have you become the sole voice for what is best for the boys, I couldn't care less about what your child bloody psychologist suggests. It was an error - a bad decision - and one YOU made ON YOUR OWN.

You blame me for not updating the plan. I was willing to update the plan many times, one of which got us in this situation in the first place ("well, then let's find an apartment straight away").

Daphne - the key point I was saying, was that we need/should be doing these things TOGETHER, it is a travesty in my eyes the boys are going to a nursery on wednesday - that I have had no say in, visited / been a real part of the decision making process. Yes you've been willing to change little details. BUT the fundamental problem - YOU believing you need to be there WITHOUT ME to get things set up - then that I would come along and just plug in... That's the issue Daph.

Over here I am in panic, feeling really depressed and fucking LEFT. It is beyond me that you don't get that I experience you have walked out while I still think I am in a relationship and trying to secure the base and future.

Daphne I have LEFT, as in previous email I am planning a life without you. THIS is a result of YOUR position / behavior / stance around this situation - and the decision I made in response to THAT. I said very clearly what I wanted. To build a life TOGETHER over there. You said no - that we had to do it your way - even though I was saying IT DOESN'T WORK FOR ME - A PART OF ME DIES INSIDE WITH THAT COURSE OF ACTION, I AM UNWILLING TO DO THAT.

Yes yes yes poles reversed I hear you think. You know what, I would love for that not to be the case. I HATE having to mom and dad in every aspect 24/7.

Yea Im sorry the greatest regret you have in the inconvenience of looking after the kids on your own.

If I knew how to let go of this fucking anger I would. If I knew how to come together with you from this mess I really would. I only want to scream louder at you.

Yea you letting go of the anger - and not letting it make decisions that significantly affect our direction is really key here.

I am in the most daunting place of my life with very little time to catch a breath and get perspective. I am doing my fucking best and all I can see is that the wedge us getting bigger and bigger. Powerlessness...no shit.

Yea well this is what comes of that behaviour - that mode. And yes the wedge IS getting bigger and bigger, more and more water is passing under the bridge, there is a point when there will be no coming back.

YOU created that, you made it a solo endeavor. I wanted to be there looking after the kids. as soon as this week. You said no - come back in a couple of months - fuck that.

And yes - we are at least talking about it now.

Daniel *****

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Daniel ***** <daniel.*.*****@gmail.com>
22 Aug 2016, 09:47
to Daphne

"And regarding only my solo thing getting us here... How about your avoiding thing having a party as well?? Avoidance of really addressing real issues that impact our emotional and financial safety? Avoidance of real commitment to change. Just as damaging as my flying solo theme."

What? I not saying your solo is just what got US here. I'm saying it is the breaking point / it is the deciding factor.

Yes building up to it where a whole category of issues.

Avoidance of really addressing real issues that impact our emotional and financial safety?

Daphne I have worked so hard to try and support this family the last couple of years - something you have rarely seemed to appreciate. I have said I'm willing to go to couples counseling... other than that what do you mean? say more specifically please as that is a bit of a sweeping statement.

Avoidance of real commitment to change

How have I avoided commitment to change? Please be specific - is this really how you assess me? IF this is REALLY how you see me - do you think this might be part of the problem?

And yes there are plenty of things I do that I DONT LIKE. Yes I would of loved a party... yes I could of communicated better around that. Are we really going to drag up all the things I or you do...

I have apologized etc.... so many times Daphne, Maybe this mode of yours is one of the contributing factors that hasn't been on the table quite like it is now?

Daniel *****

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Daniel ***** <daniel.*.*****@gmail.com>
22 Aug 2016, 09:48
to Daphne

Feeling a little softer right now.

Am really with the deep desire to heal this thing in me that sees it as the only option to go solo,
limit dependence on and limit being impacted by another human being.

YES

I don't know how to inquire and reveal more of this on my own. I would love to though as I am
seeing the costs.

YES

I am recognising there is a larger dynamic at play where I the woman doesn't feel well cared for by
you her man. And that that is enough ground to then go solo and 'make' you a passenger.

YES

I hate it. I hate being trapped in it.

YES

Thankyou

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Daphne *** *** <daphne.*****@gmail.com>
23 Aug 2016, 07:20
to me

Yes - I have a felt sense and (at least some) understanding of where you are, that you are planning a life without me/us. And that it must have taken a lot to get you to that point. It is very clear.

Yes - you have worked tremendously hard to try and support this family over the last 2 years. I am really sorry you don't feel appreciated for that by me. I don't consider your not working hard enough a cause of where we are right now. I feel angry WE haven't been able to navigate life better. We have made so many unfortunate decisions. I feel angry for messing up (in my words). Not about us not managing to 'build our dream project' or 'living our fullest potential'. I feel soft thinking about the vulnerable side of life we (but definitely I) was forced to get acquainted with. It is not that. It is the pain we are causing each other, the stress and emotional instability we are surrounding our boys with that I find really hard to bear.

Yes - I regret not coming back down to Devon. I think that was the wrong thing to do and I really regret it. What was a big part of my motivation was not wanting to be counting the days until we wouldn't be together anymore. You ending up in Banbury after the hospital admittance put a spanner in the work anyway, I just wasn't able to see it. I also wanted to limit travel as I felt really unsettled myself and put this rightly or wrongly so on the boys too. Not having had time to feel safe after that week where the whole reality changed because we were not in touch, was a big one in not being able to fully choose what was right.

Thinking about the attacking movement that happens when you drink/play LoL/cruise on a forum... Really don't like it. Appreciative of getting to a deeper level of understanding in one of our evening walks. Still feeling really supportive of you having time to yourself. Making clear agreements on how much drinking money you have and when you play on the computer is a way to 'manage' it, but doesn't seem to address what's underneath for you that has you play on the computer/drink. This has me wary about the future with you. I can imagine couples counselling being very good for this particular theme. I would like to unpack the wariness. I would like to find a way where I can more skillfully and open heartedly show my appreciation for you and your man cave time.

I am reading again your words (and hear you say them in my memory) about a part of you dying with my proposed way of going forwards. I know. I hate that that's the case for you, the pain, grief and well, loss of life. I hate I don't know a better way to relate to it, and hate that we didn't find a 'third' way.

What I will miss most about you when I imagine the wedge getting bigger and bigger and us not finding a way to come together again:

- * your play with the boys
- * your love making
- * our walks, explores, drives
- * your particular way of relating to others, from all walks of life
- * your ability to make a home where 'there is no time'

* your music...

I am getting a pretty good reality check here regarding the different life I am choosing by setting up life here in NL. Yes, there is room for elements of Devon life here and it is just also very different, a different gear. Looking at it pretty value free. I have imagined our home as a counter balance to the 'madness', a safe haven to return to/come home to is very precious.

And.... I'm not sure what it is in the rollercoaster of the last 3 weeks, the exhaustion, the shock, the unsettledness of the move...? I keep coming back to the week we were not in conversation after you walking out at your mom's. Something is still broken there for me. Your apologies and our rounds of conversation haven't truly brought back the trust in & the appetite for doing it together, building that home again together. Would love to unravel more truth about this block, unlock the chains of this solo thing etc. And not sure how to do this. Fearing too much water has passed under the bridge (also on this end) and too much 'work' to be done in order for us to have a future.

That's it for now. Just had a hard crash here on laptop. Ended up in Thinkpad setup menu with scary white and blue screens that are really just meant for people that understand computers. Which has me want to add to the list of things I will miss about you your technical skills...

Daniel ***** <daniel.*.*****@gmail.com>
23 Aug 2016, 08:43
to Daphne

well thats is an email I like.

"And.... I'm not sure what it is in the rollercoaster of the last 3 weeks, the exhaustion, the shock, the unsettledness of the move...? I keep coming back to the week we were not in conversation after you walking out at your mom's. Something is still broken there for me. Your apologies and our rounds of conversation haven't truly brought back the trust in & the appetite for doing it together, building that home again together. Would love to unravel more truth about this block, unlock the chains of this solo thing etc. And not sure how to do this. Fearing too much water has passed under the bridge (also on this end) and too much 'work' to be done in order for us to have a future."

I would love for you to unravel that block, I would love to be able to say or do something for a healing to happen. We are running out of time unfortunaely, every day is a another nail in the coffin. At the heart of it for me - regarding you is

You made this course of action from a place of clarity - a clarity based upon a view of the world, of you without me.

We have since discussed and I believe come to the conclusion that it was not an accurate world vew. It was understandable at the time. But another understanding of the situation of the situation - a recognition of both our pains and the part we both played in it.

It is so simple over here. Objectively speaking. That if a course of action was planned from a place of hurt/separateness - whatever.... yes I'm sure there was a clarity - but to hold to that clarity and not take the updated data into account. And to not be willing nor able to put the breaks on what is an incredibly destructive course of action. To not drop it and look to create a course of action together... well I feel lost - it is this that is running "us" off a cliff.

yes we have made bad decisions - we are right in the middle of the worst decision imaginable, that if it goes through will give us all a cross on our respective hearts that we carry for the rest of our lives.

The first thing that needs to happen IMO is the objective recognition that the course of action you are undertaking (with an updated world view and a new narrative about the fallout at mums - in which we have discussed in great details and you have expressed empathy and seemed to reach a new level of understanding.) is simply wrong. Understandable planning as you did at the time, based upon how you saw the world at the time - but wrong here, now in the real world.

You are gonna have to let it go Daphne, holding on to your hurt, or needing to be right or whatever it is.... if you can let it go - the way forward is (relatively:) easy, as a team, a family, a couple.. the first step is to make an OBJECTIVE recognition re your chosen course of action.

You refused to stop / change the course of action you had put in place while at mums, you still are unable or unwilling to do so - this is the heart of the matter IMO.

If you can do that - I suspect heart opening, trust, whatever would be easier to reconnect to.

Sometimes Daphne the feeling we want isn't there, sometimes we just have to make the right choice, do the right thing.

Unfortunately at the moment that seems to mean to you for us to be apart. Which is so painful here - and doing nothing other than driving the wedge between us deeper and deeper..... until we eventually split.

You must recognise this course of action for what it is, PLEASE, before the wedge is driven too deep. Yes there is hurt there, yes there is hurt here, at this end the hurt is only growing with this current course of action.

(saying I just walked out at mums is a narrative, saying too much hurt here or there is a narrative. It is not too late IMO to change the narrative and make a real choice in this matter)

thanks again for your email. Reads so much softer - you are still the most beautiful woman in the world to me. Please wake up.

Daniel *****

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Daniel ***** <daniel.*.*****@gmail.com>
23 Aug 2016, 14:43
to Daphne

and as I've just been laying here on the floor of my tiny bedroom. It seems it is no longer right for me to come to Holland - maybe it never was

Maybe one day you all want to come back to me here... I dont want to lose you, dont want a life without all three of you

but I want to make my projects happen here - and there doesn't seem another way right now

I do love you, I'm sorry I didn't make it work here for us

Daniel *****

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Daphne *** ** <daphne.*****@gmail.com>
23 Aug 2016, 15:55
to me

Thank you for your emails. I hear your truth. I will reply tonight. X

Life

Daniel ***** <daniel.*.*****@gmail.com>
Wed, 30 Nov 2016, 14:52
to Daphne

Baby, I love you.

Re feeling it's over. I mean the pain has got too much. I can't go on like this.

I'm trying desperately to give my system the love it needs.

The pain of being away from my family for so long is too much to bear. And is now aggravating PTSD through the roof. Getting through a day is so much of a battle.

I need you. I've been wishing you would just drop everything and fly to me, tell me your sorry for leaving me behind, and kissed me through the tears.

I miss your body against mine.

If you have similar abandonment trauma as I, I pray to the gods I haven't been setting yours off.

If you haven't and are relatively ok. I need you, please come to me.

I've tried every way I can to love you. I am so desperate now, it literally feels like I'm dying in these panic attacks.

I love you